

Praise be J.M.J.

15-11

Do not torment yourself any more, my dear Sister, with thoughts whatever they may be. The will alone can make good or bad the thoughts or actions of men. If thoughts that are not to be admitted present themselves, send them away gently and without getting alarmed. That is all you have to do. So, do not waste any more time in examining these thoughts, do not disturb yourself with them anymore; imitate little children who are afraid of their shadows and run away from a thing that pursues them.

You have always paid too much attention to your ideas; and you have not believed humbly enough that you had gloomy ideas. So keep in peace a heart in which Jesus Christ deigns to make his abode. You dishonor the divine Spouse with ridiculous fears and feelings quite contrary to his goodness. Tell me, my Child, has not Jesus Christ given you enough proofs of his love? Must you not believe him powerful enough and good enough to help you against the enemies of your salvation?

That, my dear Child, is worth more than remedies against such thoughts in particular. Be humble and have confidence in Jesus Christ. That is what your very devoted spiritual Father wishes you

C. G. Van Crombrugghe

12th March 1835

Prepare yourself with joy for the feast of St. Joseph.